

# EBJ DAILY SCHEDULE

## CUBS

8:15 - 9:30 am: Arrival/Free Play/Bathroom

Activities may include but are not limited to: art, cooking, puzzles, science, sensory activities, block building, reading books, manipulatives, texture table play, drawing, cutting, pasting, sand play and more.

9:20: Clean up Reminder (Reminders are offered at transition times throughout the day)

9:30: Story Time

Books chosen are based on theme and interest level

9:45: Snack

10:00 - 11:30: Outside

Playground activities may include: climbing, running, riding toys, chalk, obstacle courses, wand/water play, building and more. We also schedule group walks around the neighborhood.

11:30- 12:00: Set Activities/Circle Time

Activities include: Music, dancing, reading books, playing games, class discussion, experiments, flannel board stories, parachute play, charting and graphing and more.

12:00 pm -1:00: Lunch and Bathrooms

1:00-3:15 Rest Time

Children rest on individual cots, in a slightly darkened room. Teachers stay with children. Quiet activities are available for children who do not sleep during this time.

3:15-4:15: Wake Up, PM Activities and Snack

4:15-5:15: Outside Time and Dismissal

This general schedule is meant to create continuity and consistency. Children and weather will have great impact on exactly how it is played out day to day!